



Strengthening Educator Well-Being

TEACHER TALK SERIES | How caring for yourself helps you better support your students.

National Life Group's LifeChanger of the Year program, in collaboration with Boston Children's Hospital Neighborhood Partnerships (BCHNP), invites you to a Teacher Talk focused on educator wellness and its connection to student behavioral health.

Date: March 5, 2026

Time: 7:00 p.m. (ET)

Format: Live, online webinar

[Register Now](#)

What You'll Learn

- Why educator well-being matters and how it impacts students
- Common stress reactions experienced by educators
- Practical strategies to nurture your own well-being
- How to model healthy coping strategies with students

Meet the Speakers



Andie Hernandez, MSW, M.Ed.

Training & Access Project Clinician,
Boston Children's Hospital
Neighborhood Partnerships



Molly Jordan, MSW, LICSW

Training & Access Project Manager,
Boston Children's Hospital
Neighborhood Partnerships

Both speakers bring decades of experience partnering with schools to strengthen social-emotional learning and behavioral health support for students, staff, and families.

About the Teacher Talk Series

A quarterly webinar series presented by National Life Group's LifeChanger of the Year program, Teacher Talk covers topics that support educators' professional and personal well-being. Each webinar features fellow teachers and subject matter experts.

About BCHNP

BCHNP is a school-based behavioral health program in the Department of Psychiatry and Behavioral Sciences at Boston Children's Hospital. BCHNP partners with schools and districts to collaboratively create comprehensive behavioral health systems that promote the social, emotional, behavioral, and academic well-being of all students, families, staff, and school communities. The Training and Access Project, an initiative within BCHNP, provides professional development focused on building the capacity of school communities to address social, emotional, and behavioral health.



[Register for the Webinar](https://natl.life/teachertalk-wellbeing)
at <https://natl.life/teachertalk-wellbeing>

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